

Coach Roche  
Bedford Tigers Community Foundation  
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Dear parents/carers,

My name is “Coach Roche” (Sarah) and I organise and run the netball side of the Bedford Tigers Community Foundation. The Foundation is aimed at providing accessible, affordable and inclusive access to sports in the community for both adults and children.

I am working with schools in the Bedford area to provide netball sessions to children and recently held a free taster netball session at Sharnbrook Primary school for children to take part in, I hope your child enjoyed it if they took part.

I’m very pleased to say that I will be running an after school netball club on a Thursday afternoon from 3.30 – 4.30. This will be at just £4 a session and will start after Christmas on the 16<sup>th</sup> January 2025. For consistency as we will do different skills each week I would ask that children try to attend as many sessions per half term block as possible once signed up.

If you would like more information please feel free to email me on the above email address or if you would like to join your child in the group please use the Spond app with code FRPNS or link <https://group.spond.com/FRPNS>

Kind regards

Coach Roche